



**THOSE FUNNY WOMEN IN THE WOODS**



Partnerships for Wellbeing  
33 Wells Street  
Inverness  
IV3 5JU

01463 729997

Registered in Scotland Charity Number:  
SC036055

## Festival Partners

- Velocity Cafe & Bicycle Workshop
- Long Distance Walkers Association
- Hilton Family Support
- Nature 4 Health
- Inverness Library
- John O'Groats Trail
- Highland Disabled Ramblers
- Inverness Ramblers
- Inverness Young Ramblers
- Karen Powell Pilates
- Wee Adventure
- Walk Inverness
- Eden Court Fun Palace
- Culduthel Community Woods
- Highland Paranormal
- Lorraine Evans Archaeologist/Historian
- Alzheimer Scotland
- Culduthel Community Woods
- HTSI Think Nature Health Walk
- Highland Blind Tandem Club
- Highland Cycle Ability Centre
- Able2adventure
- Abriachan Forest Trust
- Clarity Walk
- Lochardil & Drummond Community Council
- Inverness Cycle Club
- WASPS Creative Academy
- Those Funny Women in the Woods - Grace Nichol & Karen Bartke
- Gordon Doherty-Photography
- Inverness Creative Academy



**Inverness Festival of Walking & Wheeling**



**20th-28th May 2023**



**A fantastic festival celebrating  
some wonderful walking &  
wheeling activities in Inverness!**

**Saturday 20th May**

- Festival Drop-In at Inverness Creative Academy
- Family fun orienteering activity (maps & clues!) with Wee Adventure at Culduthel Woods

**Monday 22nd May**

- Walk & Talk MacDonald Park with Lochardil & Drummond Community
- Road Cycling Taster with Inverness Cycle Club

**Tuesday 23rd May**

- Caledonian Canal 201st Anniversary Walk with Inverness library
- Walk & Create with Eden Court Fun Palace
- Buggy Walk with Hilton Family Support

**Wednesday 24th May**

- Nature Foraging Walk with Nature 4 Health
- Nordic Walking taster with Karen Powell
- Ghosts & Fairytales Walk with Highland Paranormal

**Thursday 25th May**

- Canal Scooter Ramble with Highland Disabled Ramblers
- Nature Walk for Wellbeing with Nature 4 Health
- Nordic Walking for People Living with Parkinson's with Karen Powell
- Taster Health Walk with Partnerships For Wellbeing
- Caledonian Canal 201st Anniversary Walk with Inverness Library



**Friday 26th May**

- Inverness Castle to Munloch Cloutie well (legendary historic well) with John O'Groat's Trail



**Saturday 27th May**

- Inverness Explorer - taster walk with Long Distance Walking Association
- Heroes & Villains of Tomnahurich Cemetery with Archaeologist & Historian Lorraine Evans
- Caledonian Canal 201st Anniversary Walk with Inverness Library

**Sunday 28th May**

- These Books Were Made for Walking



Join Shona MacLean, author of The Bookseller of Inverness, as she chats to PFW's manager, Jeff Zycinski, about the importance of walking and cycling and visiting the real life locations that feature in her writing

**Festival drop-in**

20th May 11am-2Pm

Wasps Creative Academy, Stephen's Street

Come and find out what's happening at the festival!

Opened by Karen Bartke - 'Officer Karen' in TV's Scot Squad

Photographer Gordon Doherty

Long Distance Walking Association

Highland Cycle Ability

Velocity & Dr Bike

Culduthel Woods Group

Wee Adventure

Inverness Ramblers/Young Ramblers

Fun Palaces Eden Court

Alzheimer Scotland

Inverness Library, and more...

Information, goodies, food & giveaways!

[www.wawfest.com](http://www.wawfest.com)

[jayne@p4w.org.uk](mailto:jayne@p4w.org.uk)

[marie@p4w.org.uk](mailto:marie@p4w.org.uk)

**Photo Competition!!**

**Inverness Festival of Walking & Wheeling**

Judged by well known photographer Gordon Doherty

categories for children & adults

gift voucher prizes!